



Dr. ASHITA NAIN

MBBS, MD

ASSISTANT PROFESSOR.

MD Physiology from Pt. B. D. Sharma Post Graduate Institute of Medical Sciences, followed by Senior Residency at Maulana Azad Medical College and Atal Bihari Vajpayee Institute of Medical Sciences and Dr. Ram Manohar Lohia Hospital.

Completed the 3month Certificate Course in "AI for Medical Professionals" jointly offered by the National Academy of Medical Sciences and the International Institute of Information Technology, Hyderabad in June 2025 to August 2025.

Her academic interests include integrated physiology, yoga, cognitive physiology, and the application of artificial intelligence in physiology education.

Areas of Interest: Integrative Physiology, Yoga and Lifestyle Physiology, Cognitive Physiology, Artificial Intelligence in Medical Education

Publications -7 (In National & International Journals)

AUTHOR of BOOK- Innovations in medical treatment. (research & development)